This fact sheet summarized characteristics reported by 1,548 clients who participated in the Recovery Center Outcome Study and completed an intake assessment between July 2020 and June 2021.

GENDER
- 63% Male

RACE
- 91% White/Caucasian

AGE
- 36 Average age (19-72)

EDUCATION
- 22% Less than a high school education

EMPLOYMENT
- 59% Unemployed

NUMBER OF POOR PHYSICAL HEALTH DAYS
- 7.6 Average days

NUMBER OF POOR MENTAL HEALTH DAYS
- 15.2 Average days

CHRONIC MEDICAL PROBLEMS
- 60% At least one problem

CHRONIC PAIN
- 22% Experienced chronic pain

Risk factors at intake

SUBSTANCE USE 6 MONTHS BEFORE PROGRAM ENTRY*
- 84% Illegal drug use
- 41% Alcohol use
- 82% Cigarette use
- 28% Reported both drug and alcohol use
- 54% Reported using 2 or more drug classes

*Among clients who were not in a controlled environment all 180 days before intake

ADVERSE CHILDHOOD EXPERIENCES (ACE)
- 12% 0 ACE
- 36% 1 - 3 ACE
- 29% 4 - 6 ACE
- 20% 7 - 9 ACE
- 3% 10 ACE

MENTAL HEALTH 6 MONTHS BEFORE PROGRAM ENTRY
- 58% Met study criteria for depression
- 65% Met study criteria for anxiety
- 24% Reported suicidal ideation and/or attempts
- 27% Had scores indicating risk of PTSD

CRIMINAL JUSTICE INVOLVEMENT 6 MONTHS BEFORE PROGRAM ENTRY
- 57% Reported any arrest
- 78% Incarcerated at least one night
- 78% Under criminal justice supervision

For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630)