This fact sheet summarizes characteristics reported by 2,047 clients who participated in the Recovery Center Outcome Study and completed an intake assessment between July 2016 and June 2017.

**GENDER**
- 59% Male

**RACE**
- 91% White/Caucasian

**AGE**
- Average age: 34 (range 18-73)

**EDUCATION**
- 19% Less than high school diploma/GED

**EMPLOYMENT**
- 52% Unemployed

**NUMBER OF POOR HEALTH DAYS**
- 9.3 Average days

**NUMBER OF POOR MENTAL HEALTH DAYS**
- 16.8 Average days

**CHRONIC MEDICAL PROBLEM**
- 63% At least one problem

**CHRONIC PAIN**
- 25% Experienced chronic pain

**SUBSTANCE USE 6 MONTHS BEFORE PROGRAM ENTRY**
- 88% Illegal drug use
- 51% Alcohol use
- 84% Cigarette use
- 13.6 average age client had first drink (other than a few sips)
- 15.7 average age client used illegal drugs

* Among clients who were not in a controlled environment all 180 days before intake

**ADVERSE CHILDHOOD EXPERIENCES (ACE)**
- 15% None
- 37% 1 - 3 ACEs
- 28% 4 - 6 ACEs
- 18% 7 - 9 ACEs
- 2% 10 ACEs

**MENTAL HEALTH 6 MONTHS BEFORE PROGRAM ENTRY**
- 66% Met study criteria for depression
- 74% Met study criteria for anxiety
- 30% Reported suicidal thoughts or attempts
- 28% Had PTSD scores that indicated risk of PTSD

**CRIMINAL JUSTICE INVOLVEMENT 6 MONTHS BEFORE PROGRAM ENTRY**
- 59% Arrested at least one time
- 77% Incarcerated at least one night
- 75% Under criminal justice supervision

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For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630)